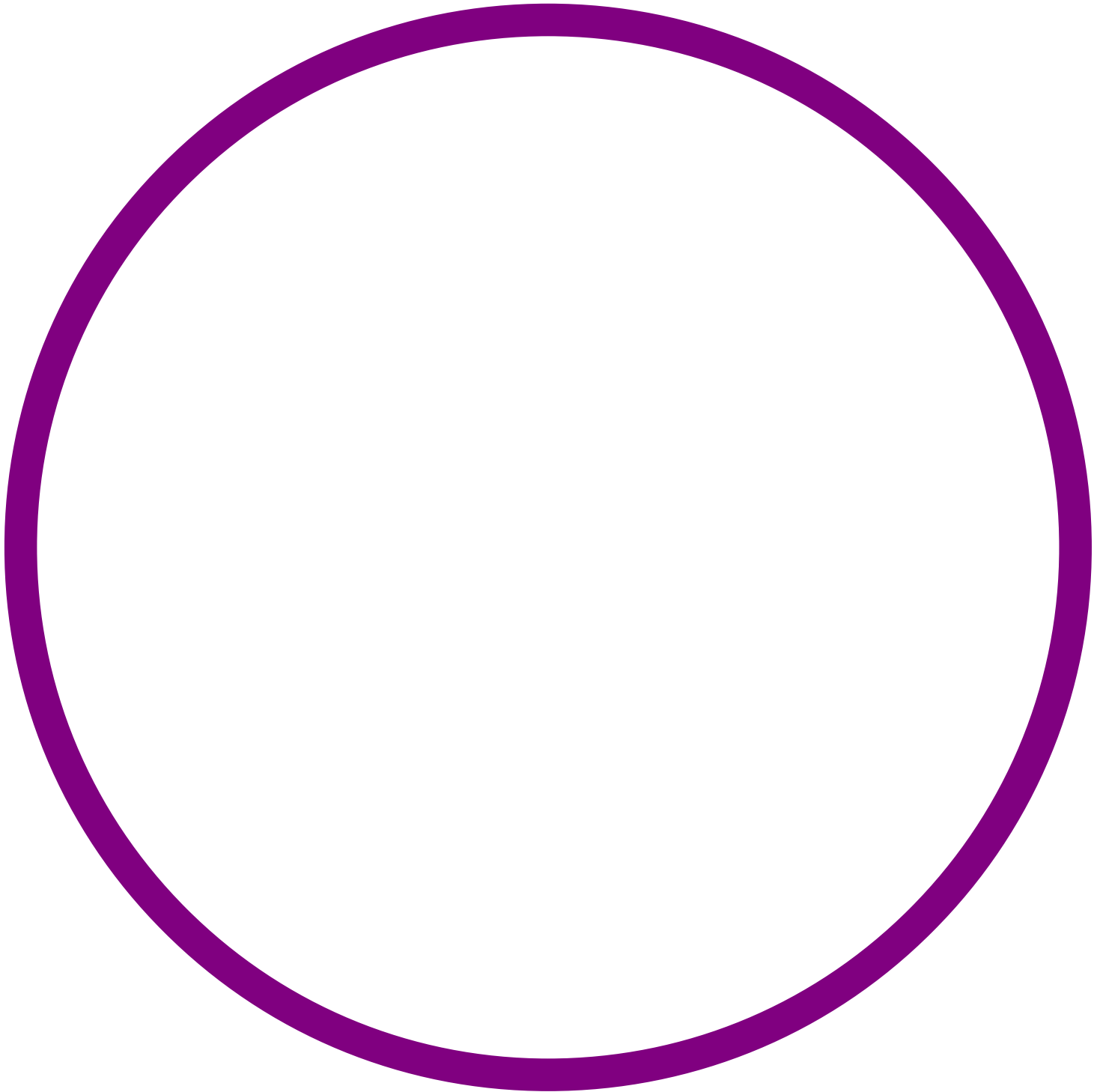


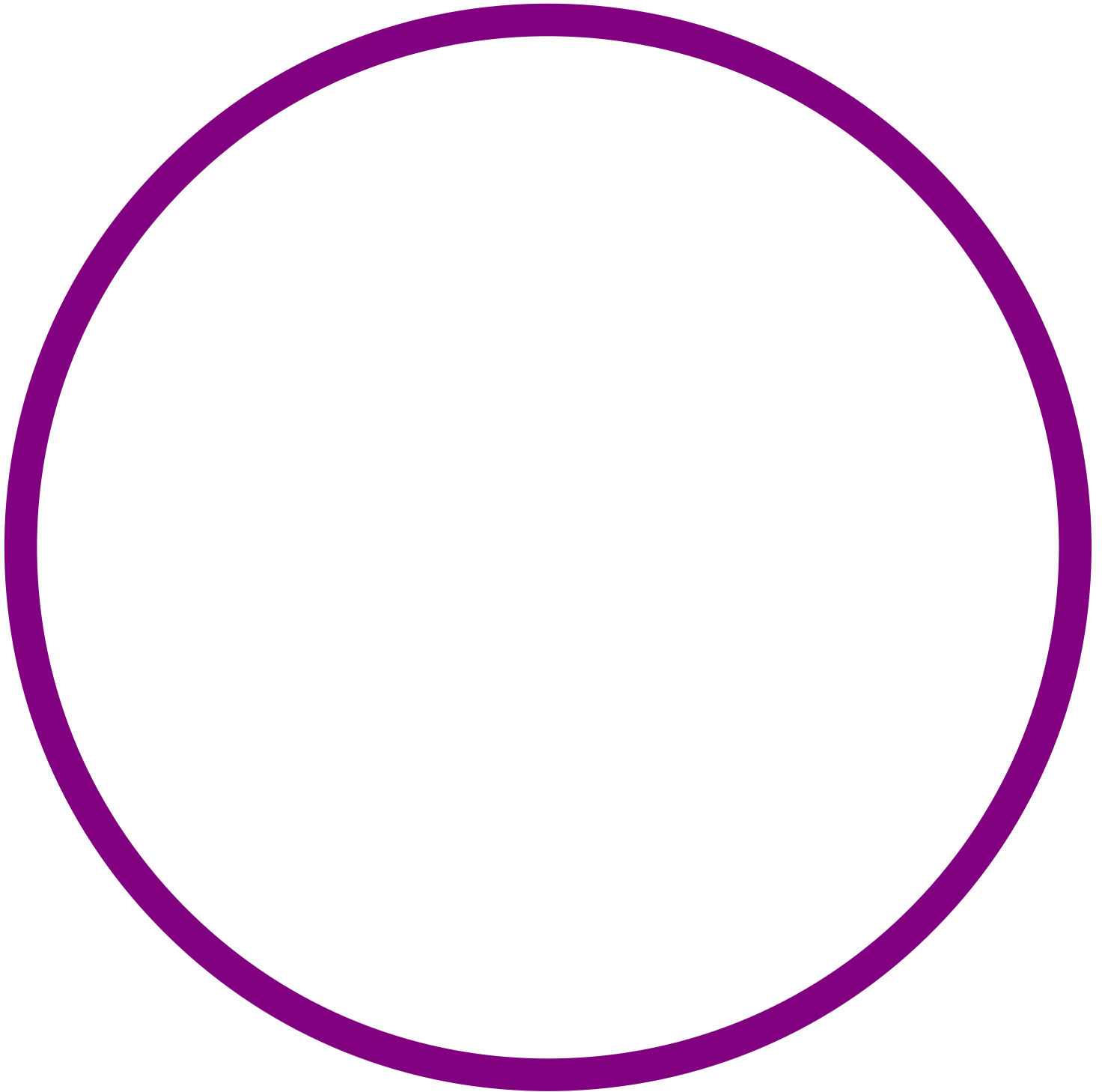
Celebration Circle



write the events you want to celebrate this past moon cycle.

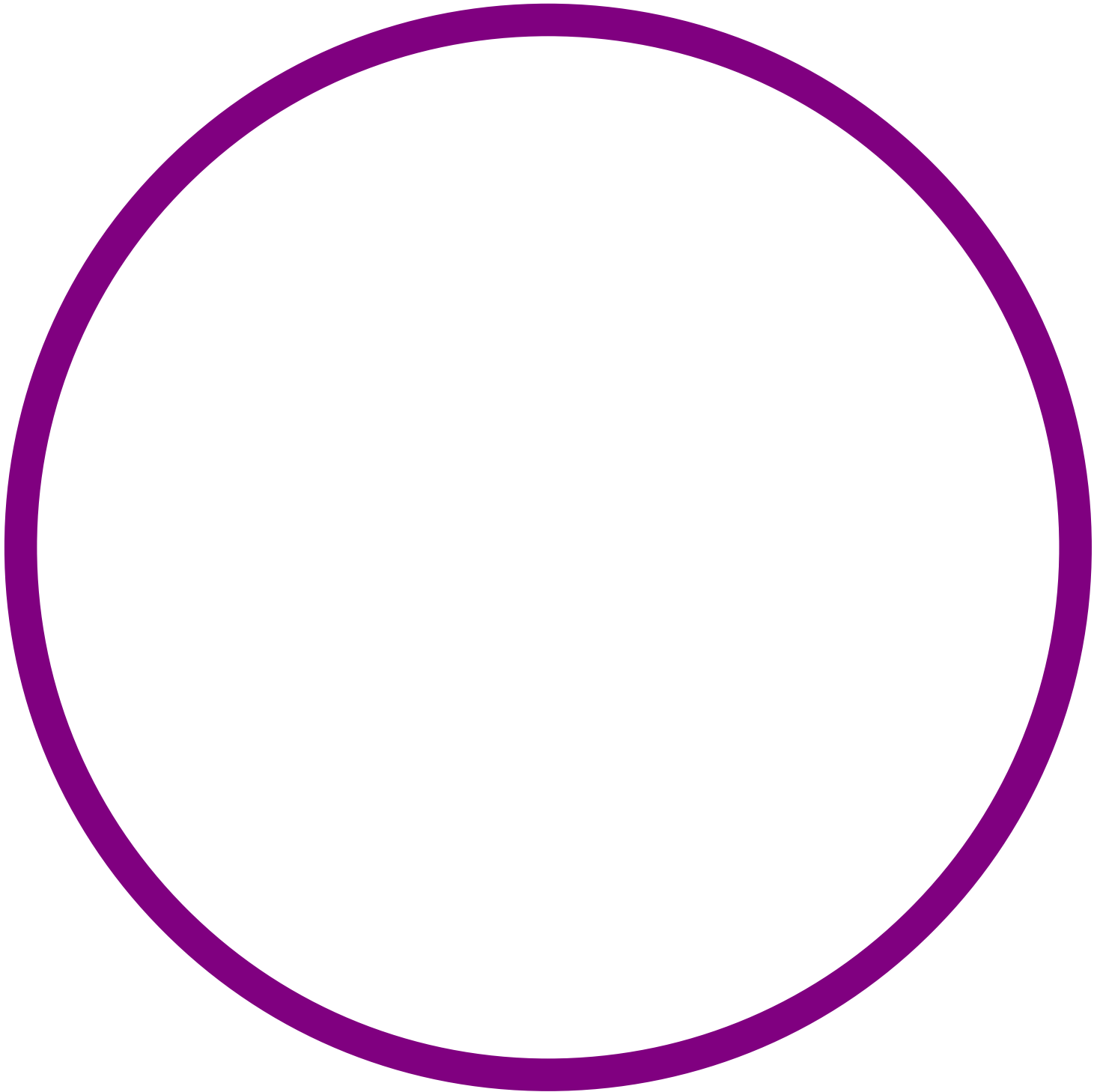
Next to each event, write a quality that you embodied and you are now celebrating about yourself.

Let go & Release Circle



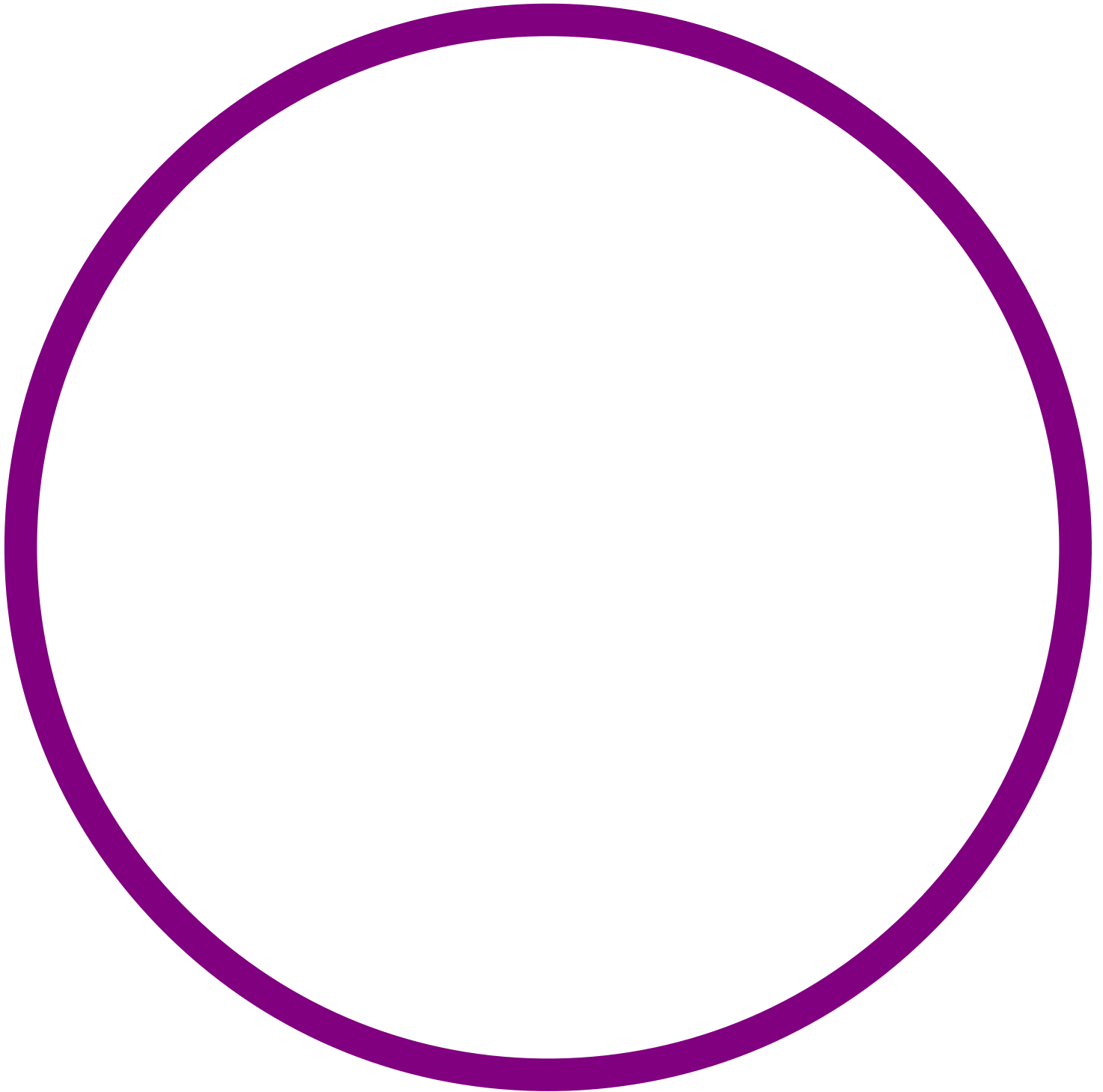
Write events you are releasing and letting go of. Write a quality you embodied for each event. E.g. you didn't take action with your business and the quality is procrastination or maybe fear

Integration Circle



Take a look at the leg go and release circle and tune into how that event has served you. What quality did it give to you? Write the quality in this circle. E.g. if not taking action on your business and procrastination were from your leg go and release circle, perhaps the quality that it gave you was security.

Full Moon Circle



What qualities do you want to embody in the next moon cycle?