

# 13 Distinctions of Circle Leadership

## 1 - Speak what's unspoken

When there's something in the space, be the one to bring awareness to it and name it

## 2 - Bravery creates safety

When you go first and lead by example, you create permission for everyone else. This type of leadership creates safety.

## 3 - Trust the circle medicine

The circle is a mirror of everyone sitting in it. There's a higher power involved, Surrender to it and allow the medicine to move through.

## 4 - Show up in your mess to deliver the message

There is potency in being vulnerable and authentic about what is alive within you. When you can see the perfection in your mess - why it's coming up at that moment - you can turn it into a valuable lesson.

## 5 - Remove the mask for greater intimacy

When you show up as your real authentic self, you are more relatable and it is easier to connect to you. Intimacy is "into me see."

## 6 - The body doesn't lie

Trust your body; its wisdom is infinite. When you feel something, pay attention.

## 7 - Restore integrity through the agreements

When something is off, chances are, an agreement has been broken.

## 8 - The circle is a mirror of you

Never blame the circle or anyone in it; it's all a reflection of what's going on inside of you.

## 9 - Be comfortable in the uncomfortable

The more comfortable you are with the shadow, the more graceful you can shift the energy into the light.

## **10 - Listen for greatness**

What are you listening for? How are you listening? Your listening determines how people show up around you.

## **11 - Expand capacity to hold it all**

When your nervous system is regulated, you have more capacity to hold everything that arises in the circle.

## **12 - Take Radical Responsibility**

You are 100% responsible for how the circle goes. Yes, you are that powerful.

## **13 - Lead from imperfect, inspired action**

Don't wait to get it perfect; that day will never come. Showing up is enough.